



## Damegul Arapbaeva

Date of birth: 19/06/1983

Nationality: Kazakh

Gender: female

## CONTACT

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## WORK EXPERIENCE

03/09/2012 – 06/09/2017 – Tashkent, Uzbekistan

**Associate Professor of the Department of Pedagogy, Psychology and Educational Management**

**Institute of retraining and improving the qualifications of public education workers of the Tashkent region**

Teach several subjects in Uzbek such as General psychology, Deviant psychology, Developmental psychology, and Autogenic training.

Gain scientific materials from libraries, analyze them, work with a supervisor and make queries in the dissertation area.

Learn how to work with the latest digital technologies during classes and how to use philosophical theory in practice.

Learn how to use modern, interactive and innovative pedagogical technologies to improve the quality of classes.

Learn the methods of how to learn creatively, today's philosophical issues of science, and the methods of their solution.

Study of modern methods in teaching ethics, creativity, and logic.

07/09/2017 – 31/08/2023 – Tashkent, Uzbekistan

**Associate professor of Social sciences department**

**Tashkent State University of Uzbek Language and Literature named after Alisher Navoi**

04/09/2023 – Tashkent, Uzbekistan

Associate Professor of the Department of Psychology and Preschool Education

Nordic International University

Psychology teacher

Giving lectures for students

Teach the students how to think creatively, logically, and be creative.

## EDUCATION AND TRAINING

02/09/2001 – 18/07/2005 – Tashkent, Uzbekistan

**Bachelor degree (psychology)**

**National University of Uzbekistan named after Mirzo Ulugbek**

**Field(s) of study**

◦ Social sciences, psychology and religion: *Social and behavioural sciences not further defined | Psychology and religious psychology | Religious sciences and civics | Inter-disciplinary programmes and qualifications involving psychology sciences, religion, philosophy and spirituality.*

Bachelor degree | psychology | <https://nuu.uz/>

02/09/2005 – 05/07/2007 – Tashkent, Uzbekistan

**Master degree (General psychology the history of psychology)**

**National University of Uzbekistan named after Mirzo Ulugbek**

**Field(s) of study**

◦ Psychological sciences, psychology and cognitive psychology: *cognitive and behavioural sciences not further defined | Social sciences and civics | Psychology | Inter-disciplinary programmes and qualifications involving psychological sciences, extremal situations psychology and behavioural psychology.*

Master degree | Ethnopsychological aspects of mother-in-law relationship | <https://nuu.uz/>

02/11/2007 – 02/11/2010 – Tashkent, Uzbekistan

**Postgraduate studies (social psychology; ethnopsychology)**

National University of Uzbekistan named after Mirzo Ulugbek

**Field(s) of study**

- Social sciences, journalism and information: *Social and behavioural sciences not further defined / Political sciences and civics / Psychology / Inter-disciplinary programmes and qualifications involving social sciences, journalism and information*

Postgraduate degree | Ethnopsychological characteristics of brides' adaptation to the family | <https://new.tdpu.uz/>

**Internship program**

Karaganda Buketov University

**Field(s) of study**

- Social sciences, psychological sciences, family psychology and information : *Social sciences psychology and ethno-psychology, not further defined / psychological sciences and civics / Social sciences, psychology, ethno-psychology and information not elsewhere classified*

Get a Certificate | <https://amu.edu.pl>

Finlandiya, Karelia University of Applied Sciences. 29.07.2024 – 24.08.2024

**Field(s) of study**

For successfully completing the 144 – hour's professionals development program at Nordic International University (Uzbekistan) and Karelia University of Applied Sciences (Finland).

**LANGUAGE SKILLS**

**MOTHER TONGUE(S):** Kazakh

**OTHER LANGUAGE(S):**

English

**Listening**  
A2

**Reading**  
A2

**Spoken  
production**  
A2

**Spoken  
interaction**  
A2

**Writing**  
A2

## COMMUNICATION AND INTERPERSONAL SKILLS

### **Good communication skills gained through my experience as**

Active listening,

Confident, articulate, and professional speaking abilities (and experience) Empathic listener and persuasive speaker

Writing creative or factual

Speaking in public, to groups, or via electronic media Excellent presentation and negotiation skills

## TRAINING AND TEACHER SKILLS

### **Teacher**

Group training

Patient with students

Creative thinking

Decision-making

Loves to teach

Possess strong commitment to team environment dynamics with the ability to contribute expertise and follow leadership directives at appropriate times

### **My Digital Skills**

SELF-ASSESSMENT / Microsoft Office, Microsoft Word, Microsoft Excel, Outlook, Facebook, Google

## PUBLICATIONS

### **Research of family life in modern psychology by Uzbek scientists**

2021 <https://science.nuu.uz/> O'zMu xabarlari. – Tashkent, 2021. №1/3/1. - Pp. 37-39

### **Coverage of family relations in the works of oriental thinkers**

2021 DOI: 10.5958/2249-7137.2021.00664.9

ACADEMICIA An International Multidisciplinary Research Journal. – Kurukshetra, India. Vol. 11, Issue 3, March 2021, -Pp. 518-523

### **A study of family life issues in the Kazakh ethnos**

2021 DOI: 10.5958/2278-4853.2021.00124.5

Asian Journal of Multidimensional Research (AJMR). – Monthly, India. Vol 10, Issue 3, March, 2021, - Pp.273-277

### **The study of the socio-psychological problems of the family in Uzbekistan**

2022 <https://science.nuu.uz/> O'zMU xabarlari. – Tashkent, 2022. №1/5/1. – Pp. 44-45

### **Analysis of scientific research on family and marriage in Uzbekistan**

2022 <http://www.gospodarkainnowacje.pl/>

Gospodarka i innowacje. – Poland: 2022, Volume: 23. – Pp. [483-485](#)

### **Personal Psychological Adaptation and its Characteristics**

2023 <http://inter-publishing.com/index.php/IJISE/article/view/1061>

International Journal of Inclusive and Sustainable Education. Volume 2. №2 February-2023, - Pp. 68-70

### **Socio-etno-psychological characteristics of spiritual preparation of youth for marriage**

2023 <https://wos.academiascience.org>

International scientific research journal. Volume 4, Issue 05, May, 2023, - Pp. 948-951

### **A Mobbing Questionnaire in School and an Analysis of the Results Obtained**

2023 <https://articlegateway.com/index.php/JHETP/article/view/5887>

Journal of Higher Education Theory & Practice. Vol. 23, No. 4, pp. 31-46. (SCOPUS)

**The Role of Individual-Typological Characteristics In The Process of Family Adaptation of Young Brides.**

SPAST Reports, 1(1). Vol. 1 No. 1 (2024): PAMIR One Preprints. Published Feb 3, 2024

Retrieved from <https://spast.org/ojspath/article/view/4632>