




**Kholmatov  
Mansur**

**Date of birth:** 29/06/1994

**Nationality:** uzbek


**Gender:** Male

## CONTACT

 Rabot 27, Muzrabot,  
Surkhondarya region, Uzbekistan

Yangi shahar 19/84,  
Yunusobod district, null  
100074 Tashkent, Uzbekistan

 mansurxolmatov29  
@gmail.com

 (+998) 915864902

**Facebook:**

<https://www.facebook.com/mansur.xolmatov.96>

**Other:** +998915864902

## WORK EXPERIENCE

**03/09/2018 – 08/09/2020** – Tashkent, Uzbekistan

### psychologist

Mirobod district General secondary school number 328

Improved children's educational and personal outcomes by assisting them with mental health challenges.

Built a positive environment in schools and support families.

**09/09/2020 – 10/02/2021** – Termez, Uzbekistan

### teacher

Termez state university

Teach several subjects in Uzbek such as General psychology, Deviant psychology, Developmental psychology, and Autogenic training.

Gain scientific materials from libraries, analyze them, work with a supervisor and make queries in the dissertation area.

Learn how to work with the latest digital technologies during classes and how to use philosophical theory in practice.

Learn how to use modern, interactive and innovative pedagogical technologies to improve the quality of classes.

Learn the methods of how to learn creatively, today's philosophical issues of science, and the methods of their solution.

Study of modern methods in teaching ethics, creativity, and logic.

**17/02/2021 – 18/01/2022** – Tashkent, Uzbekistan

### psychologist

Olmazor district vocational school number 22

Provided students and families with counseling and education, and work with teachers and administrators to address students' psychological needs.

Helped students navigate the usual anxiety and concerns about their roles, friendships, and future that any child and teen experiences.

**18/02/2022 – 30/08/2023** – Tashkent, Uzbekistan

### teacher

Profi University

Teach several subjects in Uzbek such as General psychology, Deviant psychology, Developmental psychology, and Autogenic training.

Gain scientific materials from libraries, analyze them, work with a supervisor and make queries in the dissertation area.

Learn how to work with the latest digital technologies during classes and how to use philosophical theory in practice.

Learn how to use modern, interactive and innovative pedagogical technologies to improve the quality of classes.

Learn the methods of how to learn creatively, today's philosophical issues of science, and the methods of their solution.

Study of modern methods in teaching ethics, creativity, and logic.

**17/10/2022 – 03/07/2023** – Tashkent, Uzbekistan

### teacher

Alfraganus University

Teach several subjects in Uzbek such as General psychology, Deviant psychology, Developmental psychology, and Autogenic training.

Gain scientific materials from libraries, analyze them, work with a supervisor and make queries in the dissertation area.

Learn how to work with the latest digital technologies during classes and how to use philosophical theory in practice.

**01/01/2021 – current** Tashkent, Uzbekistan

**Doctoral degree**

International Islamic Academy of Uzbekistan

**Field(s) of study**

- 19.00.07. - Psychology of religion.

Socio-psychological factors of formation of religious tolerance in students

**18/09/2023 – current**– Tashkent, Uzbekistan

Teacher

Nordic International University

Teach several subjects in Uzbek such as General psychology, Deviant psychology, Developmental psychology, and Autogenic training.

Gain scientific materials from libraries, analyze them, work with a supervisor and make queries in the dissertation area.

## EDUCATION AND TRAINING

**02/09/2014 – 06/07/2018** – Tashkent city, Uzbekistan

**Bachelor degree (Psychology (sociopsychology of religion))**

International Islamic Academy of Uzbekistan

**Field(s) of study**

- Religious psychology, General psychology, Social psychology, Developmental psychology, Diagnostic psychology, Experimental psychology, Psychological training, Cross-cultural psychology, Psychogenetics, Pedagogical psychology, Consulting psychology, History of psychology, Methodology of psychology, Medical psychology, Legal psychology.

Bachelor degree | Possibilities of using case-study technology in the study of psychology of religion | <https://iiau.uz/>

**02/09/2018 – 05/07/2020** – Tashkent, Uzbekistan

**Master degree (Psychology (psychology of religion))**

International Islamic Academy of Uzbekistan

**Field(s) of study**

- Applied testology, Psychological safety in extreme situations, Psychology of Faith, Teaching methods of special subjects, The psychology of fanatical person, Psychological service, Social psychology of the person, Socio-psychological rehabilitation Sufism and psychology

Master degree | Socio-psychological rehabilitation of fanatics | <https://iiau.uz/>

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Uzbek

**OTHER LANGUAGE(S):**

English

**Listening**  
B2

**Reading**  
C1

**Spoken  
production**  
B2

**Spoken  
interaction**  
B2

**Writing**  
B2

Russian

**Listening**  
B2

**Reading**  
B2

**Spoken  
production**  
B1

**Spoken  
interaction**  
B1

**Writing**  
B

## COMMUNICATION AND INTERPERSONAL SKILLS

### **Good communication skills gained through my experience as**

Active listening,

Empathy

Excellent written and verbal communication skills

Confident, articulate, and professional speaking abilities (and experience) Empathic listener and persuasive speaker

Writing creative or factual

Speaking in public, to groups, or via electronic media Excellent presentation and negotiation skills

## TEACHER SKILLS

Critical thinking

Patience

Computer skills

Organizational skills

Subject knowledge

Classroom management

Communication skills

Curriculum planning

Time management skills

Enthusiasm

Attention to detail

Problem solving skills

## MANAGEMENT AND LEADERSHIP SKILLS

### **Manager**

Currently, manage the school team of more than 100 people

Leadership

Problem-solving

Possess strong commitment to team environment dynamics with the ability to contribute expertise and follow leadership directives at appropriate times

Thrive in a team environment and work well with others Enjoy working as a team member as well as

independently Team leader and team player

## DIGITAL SKILLS

### **My Digital Skills**

SELF-ASSESSMENT / Microsoft Office, Microsoft Word, Microsoft Excel, Outlook, Facebook, Google

## PUBLICATIONS

**"мыслители средневекового востока о проявлении социальных установок в межличностном познании"**

"научно-технический прогресс: актуальные и перспективные направления будущего»  
maqolalar to'plami –T.: 2018 184-187 page

**"Формирование иррациональной установки на катастрофизацию как признак деструктивности религиозного культа" 2019**

<https://scippjournal@mail.ru>

"Pedagogy and psychology. Theory and practice international scientific journal.  
Maqolalari to'plami –T.: Volgograd. 2019 64-67 page

**"Психологические характеристики религиозной толерантности" 2021**

**Вестник интегративной психологии**  
–T.: 2021 228-230 page

**"Diniy bag'rikenglik ijtimoiy psixologik fenomen sifatida"**

e-mail: [tdpuia@mail.ru](mailto:tdpuia@mail.ru)

Toshkent Davlat pedagogika universiteti ilmiy axborotlari ilmiy-nazariy  
jurnali. 2021. 237-241 page

**"Talabalarda diniy bag'rikenglik shakllanishini ta'minlovchi ijtimoiy-psixologik mezonlar"**

e-mail: [tdpuia@mail.ru](mailto:tdpuia@mail.ru)

Toshkent Davlat pedagogika universiteti ilmiy axborotlari ilmiy-nazariy  
jurnali. 2021. 208-213 page

**"Talabalarda diniy bag'rikenglik shakllanishining diagnostika tizimi"**

<http://interscience.uz>

Ta'lim va innovatsion tadqiqotlar xalqaro ilmiy-metodikurnali. 2023. 394-397  
page