



Shodiboev Shokhrukh

Date of birth: 13/10/1996

Nationality: Tadjik

Gender: Male

CONTACT

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WORK EXPERIENCE

02/10/2018 – 04/12/2019 – Tashkent, Uzbekistan

psychologist

Shaykhontokhur district General secondary school
number 19

Improved children's educational and personal outcomes by assisting them with mental health challenges.

Built a positive environment in schools and support families.

02/10/2020 – 17/09/2021 – Tashkent, Uzbekistan

teacher

Syrdarya region Khavas district vocational school number 1

Tought the subject of "Tarbiya" to 100+ of First course students.

Prepared comprehensive lesson plans based on the updated curriculum from the Education Department of Uzbekistan.

15/03/2021 – 17/09/2021 – Tashkent, Uzbekistan

psychologist

Syrdarya region Khavas district vocational school number 1

Provided students and families with counseling and education, and work with teachers and administrators to address students' psychological needs.

Helped students navigate the usual anxiety and concerns about their roles, friendships, and future that any child and teen experiences.

15/10/2021 – 24/03/2022 – Tashkent, Uzbekistan

psychologist

Yashnabad district General secondary school number
153

Improved children's educational and personal outcomes by assisting them with mental health challenges.

Learnt how to work with the latest digital technologies during classes and how to use philosophical theory in practice.

02/04/2022 – 02/04/2022 – Tashkent, Uzbekistan

psychologist

Shaykhontokhur district General secondary school
number 19

Provided for students who are facing new challenges such as the role of social media, fears of school violence, and environmental crises.

Focused on assessing and testing those who may qualify for additional services.

02/04/2022 – current – Tashkent, Uzbekistan

Teacher

International Nordic University

Teaching the subject of "Psychology" to 100+ of students.

Prepared comprehensive lesson plans based on the updated curriculum from the International Nordic university

Teaching the students how to think creatively, logically, and be creative.

EDUCATION AND TRAINING

02/09/2015 – 06/07/2019 – Tashkent city, Uzbekistan

Bachelor degree (Psychology (sociopsychology of religion))

International Islamic Academy of Uzbekistan

Field(s) of study

- Religious psychology, General psychology, Social psychology, Developmental psychology, Diagnostic psychology, Experimental psychology, Psychological training, Cross-cultural psychology, Psychogenetics, Pedagogical psychology, Consulting psychology, History of psychology, Methodology of psychology, Medical psychology, Legal psychology.

Bachelor degree | Possibilities of using case-study technology in the study of psychology of religion | <https://iiiau.uz/>

02/09/2021 – 05/07/2023 – Tashkent, Uzbekistan

Master degree (Psychology (psychology of religion))

International Islamic Academy of Uzbekistan

Field(s) of study

- Applied testology, Psychological safety in extreme situations, Psychology of Faith, Teaching methods of special subjects, The psychology of fanatical person, Psychological service, Social psychology of the person, Socio-psychological rehabilitation Sufism and psychology

Master degree | Socio-psychological rehabilitation of fanatics | <https://iiiau.uz/>

LANGUAGE SKILLS

MOTHER TONGUE(S): Uzbek

OTHER LANGUAGE(S):

English

Listening
B2

Reading
C1

**Spoken
production**
B2

**Spoken
interaction**
B2

Writing
B2

Russian

Listening
B2

Reading
B2

**Spoken
production**
B1

**Spoken
interaction**
B1

Writing
B

COMMUNICATION AND INTERPERSONAL SKILLS

Good communication skills gained through my experience as

Active listening,

Empathy

Excellent written and verbal communication skills

Confident, articulate, and professional speaking abilities (and experience) Empathic listener and persuasive speaker

Writing creative or factual

Speaking in public, to groups, or via electronic media Excellent presentation and negotiation skills

TEACHER SKILLS

Critical thinking
Patience
Computer skills
Organizational skills
Subject knowledge
Classroom management
Communication skills
Curriculum planning
Time management skills
Enthusiasm
Attention to detail
Problem solving skills

MANAGEMENT AND LEADERSHIP SKILLS

Manager

Currently, manage the school team of more than 100 people

Leadership

Problem-solving

Possess strong commitment to team environment dynamics with the ability to contribute expertise and follow leadership directives at appropriate times

Thrive in a team environment and work well with others Enjoy working as a team member as well as independently Team leader and team player

DIGITAL SKILLS

My Digital Skills

SELF-ASSESSMENT / Microsoft Office, Microsoft Word, Microsoft Excel, Outlook, Facebook, Google

PUBLICATIONS

“Qobiliyat va etika rahbar shaxsining kompetentsiyasi sifatida. tahlil va talqin”

2021 <https://pmt.uz>

“Bugungi kun ijtimoiy-psixologik muammolarining o'ziga xos xususiyatlari” mavzusidagi Xalqaro ilmiy-amaliy konferensiya maqolalar to'plami –T.: 2021 20-23 page

“Mutaassiblik: psixologik talqin va yondashuvlar” 2022

<https://scienceweb.uz/publications>

“Yoshlarda salbiy o'zgarishlarni keltirib chiqaruvchi tashqi ta'sirlarning ijtimoiy, pedagogik va psixologik jihatlari” mavzusidagi Xalqaro ilmiy-amaliy konferensiya. Maqolalari to'plami –T.: 2022 494 page

“Mutaassiblik shaxsning bilish jarayonlariga ta'siri” 2023

<https://iiu.uz>

O'zbekistonda din psixologiyasining ilmiy-nazariy va amaliy masalalari mavzusidagi Respublika ilmiy-amaliy konferensiya –T.: 2023 178 page